

Master Ashep

Metaphysician • Kemetic Metaphysical Warrior Priest • Ausarian Tantrika • Energy Healer • Tantra Shaman • Professional Musician

Master Ashep is a Washington, DC-based Metaphysician, Kemetic Metaphysical Warrior Priest, Ausarian Tantrika, Energy Healer, Tantra Shaman, spiritual teacher, community builder, and professional musician whose life's work centers on consciousness, spiritual awareness, personal mastery, healing, sacred embodiment, and the realization of humanity's divine potential.

For more than two decades, Master Ashep has explored the intersection of ancient wisdom traditions, Kemetic philosophy, Christian mysticism, metaphysics, energy sciences, meditation, Tantra, sacred sexuality, music, and personal transformation. His work is rooted in the understanding that spiritual knowledge is most meaningful when it moves beyond intellectual study and becomes embodied as a way of living.

At the center of this journey is Master Ashep's personal system of spiritual development known as B.O.L.T., the **Breath of Life Training Meditation Initiation System**. B.O.L.T. The concept emerged from a pivotal period in his life during the mid-1990s, when he was studying the Bible and preparing to become a traditional Christian preacher and pastor.

While studying Scripture, Master Ashep became particularly fascinated by the accounts of the prophets Enoch and Elijah, whom biblical tradition describes as being taken by God without experiencing an ordinary physical death. These stories prompted him to explore deeper questions concerning consciousness, the nature of the physical body, spiritual transformation, and what he came to understand as the possibility of the body being transformed into a higher vibrational or "light body" state.

Rather than treating these questions merely as theological concepts, Master Ashep began developing a practical system for exploring the relationship between breath, consciousness, emotion, thought, energy, and spiritual realization. Over time, this became B.O.L.T., a meditation initiation system and lifestyle centered on the pursuit of Christ consciousness through embodied spiritual practice.

B.O.L.T. is organized into three progressive phases: **Awareness, Identification, and Oneness**.

The **Awareness Phase** is associated with settling and strengthening. The practitioner learns to settle the vibration of the body, emotions, and mind into a calmer and more relaxed state while strengthening the relationship between the heart and the mind. The purpose is to develop awareness of one's internal state and cultivate the ability to consciously regulate and direct one's energy.

The **Identification Phase**, sometimes described as the identifying phase, is associated with calling home and purifying. In this stage, the practitioner learns to recognize where energy has become invested in experiences outside the present moment, particularly through attachment to the past or anticipation of the future. Energy may become entangled with things one did not want to happen or with things one intensely desires to happen. B.O.L.T. teaches the practitioner to consciously call that energy home, reclaiming attention and vitality from these attachments and returning it to the present center of the Self.

The **Oneness Phase** is associated with harnessing and willing. As the practitioner settles into an increasingly peaceful, centered state and gathers scattered energy back into the core, the energy is understood as becoming purified from the conditioning, judgments, and programming acquired through worldly experience. From this state, the practitioner seeks to experience greater alignment with the All and to consciously direct intention toward creation and manifestation within physical reality.

At its deepest level, B.O.L.T. is Master Ashep's framework for aligning the seven major energy centers traditionally known as the chakras so that they function as an integrated whole. The system draws upon the **Kemetic Tree of Life** and the **Seven Universal or Hermetic Principles**, superimposing these seven principles upon the seven major energy centers.

Master Ashep describes this process through the symbolism of the rainbow and the halo. The seven chakras can be understood as seven expressions or frequencies of light, much like the seven colors of a rainbow. Through integration, alignment, and unification, those differentiated expressions are understood as converging into a unified field represented by the golden-white light of the halo.

This concept became foundational to Master Ashep's understanding of spiritual ascension and self-realization. The goal is not simply to escape the physical world, but to become increasingly conscious of the Divine presence within and to embody that consciousness in everyday life.

His spiritual journey began developing long before the formal creation of B.O.L.T. In 2001, Master Ashep became an initiate in Kemetic Philosophy and Religion through the Ausar Auset Society, beginning a deeper formal relationship with Kemetic spiritual philosophy and its sacred teachings. In 2009, he became a Dahn Yoga Enlightenment Initiate, expanding his exploration of breath, movement, energy, meditation, and the relationship between consciousness and the body.

In 2010, he received his Law Master certification through the International Society for Indigenous Sovereigns, where he dedicated himself to assisting Indigenous people with matters involving nationality, names, contracts, commerce, and Indigenous cultural education. He also organized classes and workshops designed to support greater understanding of Indigenous culture.

His formal metaphysical education continued in 2014 at the Institute for Sacred Evolution in Washington, DC, where he studied metaphysics while serving as a student teacher and office manager. He became a regular lecturer for Sunday gatherings, led noonday meditation three days a week, and provided livestream and private recording services for lectures.

Master Ashep has also served as a medium, healer, and lecturer with the Church of Two Worlds in Washington, DC, assisting members and guests through energy healing and spiritual messages.

Since 2010, he has operated through Sons of Light Healing, an alternative healing organization dedicated to exploring the interconnectedness of the physical, emotional, mental, and spiritual dimensions of human experience. Through Sons of Light Healing, Master Ashep has provided lectures, workshops, consultations, private sessions, spiritual counseling, spirit coaching, chakra balancing, aura clearing, and Metu Neter Oracle Readings.

His creative work through Sons of Light Healing includes the development of original healing systems and tools. He is the creator of the **Breath of Life Meditation Initiation System [B.O.L.T.]** and **H.E.A.R.T. Touch Therapy**, and is the author of the **“Emotional Wellness Workbook.”** He also creates handcrafted healing jewelry and energy devices incorporating copper and crystals through S.O.L. Jewels.

Music has remained another important expression of Master Ashep’s work. Through Positive Music Works, he has maintained an active career as a professional musician, performing as a saxophonist, a classical vocalist, and an African drummer. For him, music is more than artistic expression. It provides another avenue through which vibration, emotion, consciousness, creativity, and human connection can be experienced.

His commitment to community development has also included work with the Empowerment Center, where he has facilitated and co-facilitated Youth Rites of Passage programs and youth camps. His work with young people reflects his broader commitment to helping individuals develop self-awareness, personal responsibility, confidence, and a deeper understanding of their potential.

In 2024 and 2025, Master Ashep served as High Priest at Temple Mother Earth, an above-ground psychedelic church and community devoted to higher consciousness and sacred exploration. His responsibilities included assisting with event planning and coordination, managing volunteers, maintaining the readiness of the temple's properties and grounds, performing repairs, and holding sacred space during plant-medicine ceremonies.

In 2025, Master Ashep was initiated as a **Tantra Shaman under Grandmaster Adara Moselle and the Amanmere Tantra Lineage**. This initiation became an important continuation of a spiritual journey that had already been developing through his studies of Kemetic spirituality, Christian mysticism, meditation, energy work, and embodied consciousness.

The integration of these paths led to a more precise understanding of his own spiritual work and identity: **the Ausarian Tantrika**.

For Master Ashep, an Ausarian Tantrika is a practitioner who approaches self-realization through the integration of the Kemetic Ausarian resurrection story and the transformative principles of Tantra. It represents his unique synthesis of Kemetic spirituality, Christ consciousness, metaphysics, energy work, meditation, sacred embodiment, and Tantric practice.

At the heart of this understanding is the relationship between **Heru and Set**.

Master Ashep interprets the Ausarian story as more than an ancient account of conflict between opposing forces. He sees the struggle between Heru and Set as an archetypal representation of the human journey toward integration. Rather than understanding Set as something that must simply be destroyed or rejected, Master Ashep focuses on the point at which Set is subdued and ultimately brought into service of Heru.

In this interpretation, the objective is not the annihilation of the ego, but its integration into the Self.

The ego, with all of its instinctive drives, conditioned responses, desires, fears, judgments, and survival mechanisms, becomes something that can be consciously integrated and directed rather than unconsciously ruling the individual. Heru and Set cease functioning as opposing forces and become complementary aspects working together within a greater unified consciousness.

Master Ashep understands this integration as requiring both wisdom and nurturing. In the Ausarian framework, the wisdom of **Tehuti**, also known as Thoth and associated in later esoteric traditions with Hermes Trismegistus, provides the intelligence necessary for transformation, while **Aset**, the Divine Feminine, represents the nurturing, restorative, and regenerative force that supports the resurrection process.

This creates a central principle within Master Ashep's path as an Ausarian Tantrika:

The goal is not to escape the human experience, but to integrate the human experience into awakened consciousness.

In this sense, Tantra becomes an extension of the work already initiated through B.O.L.T. Breath, awareness, energy, embodiment, relationship, pleasure, and conscious intention become pathways for bringing the fragmented aspects of the Self back into alignment.

The Ausarian Tantrika therefore represents an evolution rather than a departure from Master Ashep's earlier work. The Christian seeker who once encountered the stories of Enoch and Elijah became the metaphysical student searching for the mechanics of consciousness. The Kemetic initiate discovered ancient frameworks for understanding divine nature and transformation. The creator of B.O.L.T. developed a practical system for settling, reclaiming, integrating, and directing one's energy. The Energy Healer learned to work with the subtle dimensions of the human experience. And the Tantra Shaman expanded that work into the realm of embodied consciousness, sacred pleasure, intimacy, and energetic integration.

These paths now converge in a single evolving philosophy of self-realization.

Master Ashep's work does not separate spirituality from embodiment. Instead, he explores the possibility that the body itself can become an instrument of consciousness and that breath, energy, emotion, thought, touch, sound, movement, pleasure, and intention can all become vehicles for spiritual development.

This philosophy informs his continuing exploration of **Shamanic Tantric Bodywork**, sacred pleasure, meditation, energy healing, spiritual counseling, oracle work, and consciousness education. His approach seeks to create environments in which people can become more aware of their bodies, emotions, energetic patterns, relationships, and spiritual nature while developing greater capacity for conscious choice and self-mastery.

Across more than two decades of study and practice, Master Ashep's work has therefore evolved through several seemingly different disciplines that he now understands as expressions of one larger journey: the movement from fragmentation toward integration, from unconscious conditioning toward awareness, and from identification with the separate self toward conscious relationship with the All.

His professional experience encompasses Kemetic spirituality, metaphysics, Christian mysticism, meditation, energy healing, sacred ceremony, Indigenous cultural education, youth development, music, community organizing, Tantra, Shamanism, and embodied spiritual practice.

Yet beneath all of these disciplines is a singular question that has guided his journey since his early study of Scripture:

What does it mean to become fully conscious of the Divine nature within?

B.O.L.T. represents his answer in practice. The Ausarian Tantrika represents his answer in identity. And his continuing work is the exploration of how these principles can be lived, embodied, and shared with others.

Master Ashep continues to lecture, facilitate, create, perform, counsel, teach, and provide spiritual and energy-healing services while developing new ways of bringing ancient wisdom into contemporary life.

His path is ultimately one of integration: integrating mind and heart, masculine and feminine, spirit and body, wisdom and embodiment, human experience and divine consciousness, Heru and Set.

For Master Ashep, spiritual mastery is not simply the acquisition of knowledge.

It is the process of becoming the embodiment of what one knows.